CORY MONTEITH, 1982-2013

THE WORD BRINGS YOU UPDATES ON THE PASSING OF THE 'GLEE' STAR, WHO WAS FOUND DEAD SATURDAY IN A VANCOUVER HOTEL ROOM. PAGE 11

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Monday, July 15, 2013 www.metro.us | t: MetroPhilly | f: MetroPhilly

Local outcry. Philadelphia protesters rallied at LOVE Park against the outcome of the Trayvon Martin murder case. **'Fair.'** A local attorney tells Metro the burden of proof was too high. **Not guilty.** George Zimmerman was acquitted of charges but could still face a civil suit. PAGES 2, 8

'A travesty of justice'

Rasheena Phinisee, of South Philadelphia, pleads her case yesterday during a rally a day after the Trayvon Martin murder case verdict. / KEVIN COOK, METRO

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NEWS

Quoted

"We are a country governed by the rule of law, and while I respect the criminal justice system, I am deeply saddened by and strongly disagree with the verdict of 'not guilty' in this case."

Mayor Michael Nutter on the Zimmerman acquittal

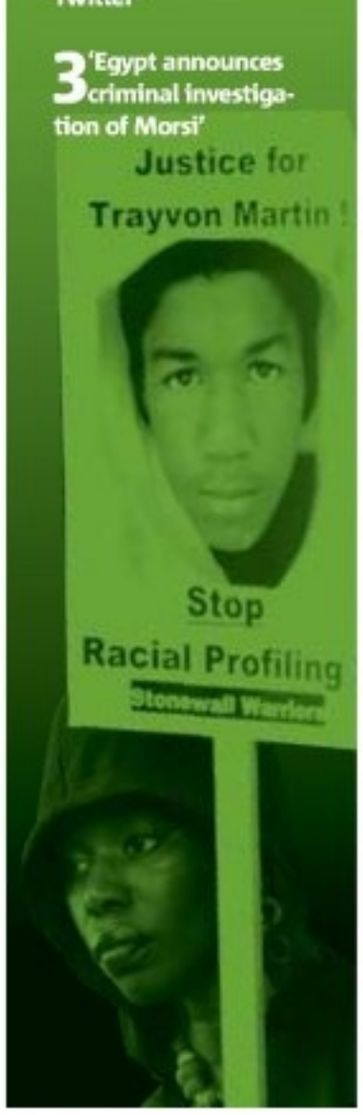
Top 3

Trending at Metro.us

1 'Obama urges calm in wake of Zimmerman verdict'

2 'Celebrities with Philly ties react to Zimmerman trial on Twitter'

3 'Egypt announces criminal investigation of Morsi'



'Justice does not have a color'

Supporters of Trayvon Martin and George Zimmerman demonstrate in Florida. / GETTY IMAGES

Trayvon Martin. Nearly 100 rallied at LOVE Park for an end to injustice in the wake of the Zimmerman verdict.

Trayvon Martin, the 17-year-old unarmed black teenager who was shot and killed in Sanford, Fla., last year was made a martyr in Philadelphia.

Less than 24 hours after George Zimmerman was acquitted of murder charges, the name Trayvon Martin was used as a battle cry, as close to 100 rallied for peace underneath the statue in LOVE Park.

Pastor Leonard Norris, of New Destiny Worship Center in West Philadelphia, explained that to move forward as a society, we need a treaty between all colors and creeds.

"Justice does not have a color," he said. "Nor does justice have a religion."

"Whether you like it or not," he added, "we are all in this together."

Maureen O'Connor, a Caucasian woman from the Northeast, called the trial "a travesty of justice," and called for people to participate in jury duty and exercise their right to vote.

"I want people to realize that they have to be involved in their community," she said.

Nick Gross, 20, an African-American sophomore at CCP, noted that his generation doesn't tolerate injustice, so Trayvon Martin didn't die for nothing.

"We got to stand together, that's all," he said.

TOMMY ROWAN
tommy.rowan@metro.us

Latoya Tucker of North Philadelphia rallies in LOVE Park yesterday. / KEVIN COOK, METRO

Opinion

Attorney: 'Fair' verdict reached

Local attorney Danny Cevallos said he feels, from a purely legal standpoint, the not-guilty verdict returned by the jury was fair. He commended the prosecution but said the burden of proof was "ultimately too high."

"First, the prosecution had to prove beyond a reasonable doubt that George Zimmerman committed second-degree murder, which requires them to prove, among other things, that he had ill will or hatred toward the victim, which was a very difficult burden to meet," Cevallos said. "Even if they met the burden, it's not over because they additionally had to disprove self-defense beyond a reasonable doubt, which is also a very high standard to meet."

He said as far as returning a guilty verdict on a lesser manslaughter charge, the jury may have simply concluded Zimmerman acted in self defense, "which requires only that he reasonably believed he was in fear of death of serious bodily injury – not that he suffered it, but that he had a reasonable apprehension." ALEX WIGGLESWORTH

Crash

One killed on Lincoln Drive

A car crash early Saturday left a 27-year-old woman dead and six people injured.

Police said a man at 2:45 a.m. lost control of his Subaru Outback and swerved into the northbound lane, hitting a Nissan that slammed backward into a Honda. METRO

Civil rights

AG won't prosecute DOMA suit

Pennsylvania Attorney General Kathleen Kane on Friday pledged not to defend the state's Defense of Marriage Act against a marriage-equality lawsuit filed by the ACLU on behalf of 21 residents. METRO

Off track

Freight train derails in Del.

A 70-car Norfolk Southern freight train derailed around 4 a.m. yesterday in a wooded area north of Millsboro.

Delaware State Police said no injuries were reported, but a quarter-mile section of railroad track was badly damaged. METRO

The derailment
DELAWARE STATE POLICE

Tragedy

Child fatally struck by car

A child, 5, was struck and killed by a car shortly after 8:30 p.m. Saturday in South Philadelphia. Police said the young boy was hit by a silver Dodge near Fifth and Fitzgerald streets, and died at Children's Hospital of Philadelphia. METRO

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Shared prosperity

Nutter, city address poverty issue

Philadelphia has the highest poverty rate among the nation's 10 largest cities, and in response the city has developed a plan it hopes can start to break the cycle.

Dubbed the Shared Prosperity Philadelphia plan, which was detailed Thursday by Mayor Michael Nutter, it shows that more than 430,000 out of the city's 1,547,600 population, or 28 percent, live below the poverty line. Among those affected, 39 percent of children are poor, according to the report.

For a single person, the federal poverty line is $11,490. For a family of four, the line sits at $23,550, according to FamiliesUSA.org.

High poverty can cause ancillary issues for the city, such as high taxes and loss of prospective businesses interested in relocating here, according to the report.

So the city's goal is for governmental, private and philanthropic agencies to help poverty-stricken residents access benefits offered by the federal government, work toward job creation and push impoverished children toward the classroom.

"Poverty is a persistent and devastating problem in Philadelphia ... and limits the potential of our great city's economy," Nutter said. METRO

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Opinion

JOHN BOLARIS

BOLARIS VISION

LIFE IS FRAGILE, SO ENJOY IT FULLY

Life. Most of us take it for granted until we are rocked by unexpected bad news. It could be news about yourself or about a loved one, a friend or someone whom you idolize.

It's then, and I believe only then, that you realize the fragility of life. Your thoughts run deep to a point that you may feel selfish. All the things that one complains about in normal day is so ludicrous" the line at the grocery store is too long, damn traffic, bills, your boss.

Want, want, want, but never really understanding what you have — your health. Health is priceless. Without it, you might realize what nonsense all this other stuff is.

Quoted

Visit a children's hospital one day and you will realize a lot about our own selfishness.

Listen, never take for granted what is so precious to us or our health. Visit a children's hospital one day and you will realize a lot about our own selfishness. I'm learning more each day just how lucky I am to have a beautiful, healthy daughter to enjoy each day that brings you a gift: waking up healthy and enjoying every moment for what it is.

Smile when the guy driving by cuts you off and flips you the bird; promise it will make you feel better. Enjoy the day whether it's sunny or stormy: It's still your day. Yeah, I know it's a bummer when you get rained on at the beach, but there are always things much worse in the grand scheme.

I guess my simple message is live each day to the fullest because whoever came up with the expression "Life is short" sure the hell knew what he or she was talking about. Health is priceless.

A bit of 'Altercana'

Three-piece band Rickety Shack stopped in Philly over the weekend from Nashville on their mini tour of the East Coast. Logan Bailey, 21, Jakob Bailey, 19, and Ezra Cataldo, 21, have a new album out called "Two Way Broken Heart." They describe their sound as "Altercana." / RACHEL VIGODA

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Four killed, seven hurt in crime wave

Violence. Eleven people were injured this weekend, four of them fatally, in nine unrelated shootings and two stabbings.

At least nine people were shot, four of them fatally, this weekend. Police said the violence touched off at 7:15 a.m. Friday, when a man in his mid-20s was fatally shot in Southwest Philadelphia. A man, 27, was around midnight shot in the arm in Mantua.

A man, 18, was fatally shot in the chest shortly after 4 p.m. Saturday in Overbrook. A man, 38, was around 7:30 p.m. shot in the groin in Hartranft. Less than three hours later, a man, 20, was shot in the chest in Southwest Philadelphia.

An unidentified man between the ages of 40 and 50 died after being shot multiple times shortly before 1 a.m. Sunday in North Philadelphia.

A North Philadelphia store owner thwarted an armed robbery attempt around 4:15 a.m. after reportedly wrestling a gun away from one attacker, 22, and opening fire.

A man was fatally shot multiple times around 11:20 a.m. Sunday in Kensington.

Two stabbed

- A man, 47, was in critical condition after being stabbed in the back around 11 p.m. Saturday inside a home on the 1800 block of Tasker Street in Point Breeze.
- Police early Sunday morning arrested one person for allegedly stabbing a man, 33, in the head and chest shortly around 1 a.m. in Elmwood.

ALEX WIGGLESWORTH
awigglesworth@metro.us

Celebrating her Hispanic heritage

Carmen Mendez, who presently lives in Philadelphia, is a native of Puerto Rico. She was out yesterday at the annual Hispanic Fiesta, a summer festival at Penn's Landing hosted by the Council of Spanish Speaking Organizations of Philadelphia. / KEVIN COOK, METRO

Jackpot

Bucks deli sells winning lotto ticket

A Bucks County deli sold a jackpot-winning lottery ticket worth $225,000, officials said. The Cash 5 ticket was sold at Buckingham Deli in Middletown. METRO

Hot

Heat warning issued for city

An approaching heat wave has led city officials to issue an excessive heat warning for today and tomorrow. Meteorologists with the National Weather Service expect temperatures in the mid-90s. METRO

Just say 'no'

Woman, 73, arrested

Delaware State Police on Friday arrested three people – including a 73-year-old woman – during a drug bust in Millboro that allegedly turned up $10,000 worth of heroin and $500 in cocaine. METRO

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Zimmerman, acquitted of Martin's death, under fire

George Zimmerman is congratulated by his defense team after being found not guilty on the 25th day of his trial, at the Seminole County Criminal Justice Center on Saturday in Sanford, Fla. / GETTY IMAGES

Jurors. The six women found him not guilty of second-degree murder and manslaughter.

Cleared by a Florida jury, George Zimmerman walked free from criminal charges in the shooting death of Trayvon Martin but still faces public outrage, a possible civil suit and demands for a federal investigation.

Critics contend Zimmerman wrongly suspected 17-year-old Martin of being a criminal because he was black, making it a civil rights issue, while gun rights supporters saw Zimmerman as a persecuted hero who was exercising his Second Amendment right to bear arms.

Zimmerman's lawyers argued he acted in self-defense the night of Feb. 26, 2012, when he and Martin met inside a gated community in the Central Florida town of Sanford. They accuse civil rights advocates of wrongly injecting the issue of race.

"It was such a shame. The whole case nearly destroyed George from Day One. ... That they put a racism spin on this prosecution just hurt him very deeply," said John Donnelly, a close friend of Zimmerman who testified in the trial.

Civil rights leaders including Jesse Jackson, Al Sharpton and Benjamin Jealous, president of the National Association for the Advancement of Colored People, urged the Justice Department to pursue federal civil rights charges against Zimmerman.

Jealous said Martin's family may bring a civil suit against Zimmerman.
REUTERS

Quoted

"I am hurt. I am sad. I am disappointed and my heart is overwhelmed with pains."

Valarie Houston,
Pastor of the Allen Chapel A.M.E. Church in Sanford, Fla., where she dedicated a Sunday morning prayer service to Trayvon Martin

Not guilty

Reaction to the verdict

Mark O'Mara, Zimmerman's lead defense lawyer:

"George Zimmerman was never guilty of anything except protecting himself in self-defense. This is a tragedy like any other loss of children. It's not one that George was responsible for."

Bernie de la Rionda, the chief prosecutor in the case, told reporters:

"Am I disappointed? Yes. Because I thought he was guilty.

"We live in a great country that has a great criminal justice system, it's not perfect, but it is the best in the world and we respect the jury's verdict."

Zimmerman defense lawyer Don West told reporters:

"I think the prosecution of George Zimmerman was disgraceful. I am gratified by the jury's verdict. As happy as I am for George Zimmerman, I'm thrilled that this jury kept this tragedy from becoming a travesty. For that we are eternally grateful. But it makes me sad too that it took this long under these circumstances to finally get justice."
REUTERS

Tracy Martin / GETTY IMAGES

Tweeted

"Even though I am broken hearted my faith is unshattered I WILL ALWAYS LOVE MY BABY TRAY. God blessed Me & Sybrina with Tray and even in his death I know my baby proud of the FIGHT we along with all of you put up for him GOD BLESS."

Tracy Martin, Trayvon Martin's father

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Secret. J.K. Rowling outed as writer of popular crime novel

J.K. Rowling secretly posed as a retired military policeman to write a crime novel that has been hailed as one of the best debut detective stories in years.

Rowling wrote "The Cuckoo's Calling" under the name Robert Galbraith under the pretense that it was the work of a married father of two and former undercover investigator.

Her cover was blown when the Sunday Times newspaper became suspicious that such an assured piece of writing could have been created by a first-time novelist. An investigation uncovered that Rowling was the real author.

"I had hoped to keep this secret a little longer, because being Robert Galbraith has been such a liberating experience," she said. REUTERS

U.S. Senate

Reid, GOP leader yield no ground in filibuster showdown

The Senate's top Democrat and Republican yielded no ground as they neared a showdown over President Barack Obama's executive-branch nominees that could dramatically change how the Senate operates.

Appearing on "Meet the Press," Senate Democratic Leader Harry Reid charged that Republican obstructionism has prevented Obama from getting much of his second-term team in place. REUTERS

Gov. Rick Perry defends Texas abortion measure

The measure. It's the latest effort by the GOP to impose new restrictions on late-term abortions.

Pro-choice protesters chant as pro-life supporters and pro-choice protesters rally at the Texas Capitol in favor and against the new controversial abortion legislation on July 8. / GETTY IMAGES

Gov. Rick Perry yesterday defended a measure passed by the Texas Legislature to ban most abortions after 20 weeks of pregnancy, saying states — not the federal government — should decide such matters and rejecting criticism that the law would shut down most of the state's abortion clinics.

The Republican-controlled legislature gave final passage to the measure on July 12 and sent it to the Republican governor to sign into law. Perry had called a second special session of the legislature to get the bill passed.

"Most people, I think, in this country — and in Texas, certainly — believe that six months is too late to be deciding whether or not these babies should be aborted, or not. And we put the limit at five months in this bill," Perry told the CNN program "State of the Union."

"This gets back to the issue of should the states be able to make these decisions, or should we allow this big, cumbersome federal government to decide for all of us," Perry added.

Ban

13th

The measure would make Texas the 13th of the 50 states to pass a ban on abortions after 20 weeks of pregnancy.

The measure also would impose a series of new requirements on abortion clinics and doctors who perform abortions, mandating that doctors have admitting privileges at a hospital within 30 miles of the clinic and creating stricter guidelines for how doctors administer abortion-inducing drugs. REUTERS

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THE WORD

Dorothy Robinson takes on the world of gossip.

DOROTHY ROBINSON
@dorothyatmetro
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More on the tragic death of Cory Monteith

As you may have heard, "Glee" actor Cory Monteith was found dead in a Vancouver hotel room Saturday. Police and paramedics found no signs of foul play and the cause of death was not immediately apparent, British Columbia Chief Coroner Lisa Lapointe told reporters at a news conference. An autopsy is scheduled for today.

In a statement on the "Glee" Twitter page, the executive producers of the show and Fox said they were "deeply saddened by this tragic news."

"Cory was an exceptional talent and an even more exceptional person," the Twitter message said. "He was a true joy to work with and we will all miss him tremendously. Our thoughts and prayers are with his family and loved ones."

In April, Monteith "voluntarily admitted himself to a treatment facility," his representative told People magazine. The reason for the rehab stay was unspecified.

In Monteith's first public outing after his April rehab stint — and his last before his death — he attended the Chrysalis Butterfly Ball with girlfriend Lea Michele in June. / GETTY IMAGES FOR CHRYSALIS

Monteith had struggled with substance abuse. In an '11 interview with Parade magazine, Monteith admitted to a rehab stay when he was just 19. "I burned a lot of bridges," he said. "I was out of control." At the time, he said he had a "serious problem" and was using "anything and everything, as much as possible." Monteith spent his teen years attending up to 12 different schools, including alternative programs for troubled teens.

"I don't want kids to think it's OK to drop out of school and get high, and they'll be famous actors, too," he told Parade. "But for those people who might give up: Get real about what you want and go after it."

Talking point

It was a big weekend for celebrity weddings

Jimmy Kimmel married his comedy writer girlfriend, Molly McNearney, on Saturday in Ojai, Calif. Such bold-faced names as Matt Damon, Ben Affleck, Howard Stern, Emily Blunt and John Krasinski were in attendance. Meanwhile, over in France, Halle Berry and Olivier Martinez said "I do" in front of 60 guests on Saturday at Chateau des Conde in Vallery, according to Us Weekly. The pregnant Berry and Martinez were married in a civil ceremony earlier in the day, followed by a religious ceremony at the chateau. The day finished off with dinner, dancing and fireworks. "They all partied long into the night," a source says.

Jimmy Kimmel is once again a married man. / GETTY IMAGES

HALLE BERRY MARRIED FIANCE OLIVIER MARTINEZ IN FRANCE OVER THE WEEKEND. GETTY IMAGES

2 CULTURE

Twitter feed

We check in with some of Hollywood's biggest names to see what they've been up to — in their own words, in 140 characters or fewer.

Today, Katy Perry is fed up, Olivia Wilde is hoping for a better day and Solange Knowles is ready to protest.

@katyperry: What do we stand for? How are we America, united... the beautiful? We should take a long look in the mirror, we need REAL change.

@oliviawilde: Tomorrow, suck less than today. Thanks.

@solangeknowles: We have to somehow turn this anger & pain into peaceful productivity. Our voices have to be heard & we have to do the work!!!

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Out and about over the weekend

Injured

1 Leave it to **Mariah Carey** to match her arm sling to her dress during the MLB All-Star Charity Concert benefiting Sandy Relief in New York City's Central Park on July 13.

Leashed

2 **Sigourney Weaver** and **David Hyde Pierce** gave their canine friends a lift at Broadway Barks 15 in New York City on July 13.

Hamptons

3 **Christie Brinkley**, the model who refuses to age, on July 12 attended Hamptons Magazine's 35th anniversary bash in Bridgehampton, N.Y.

Inked

4 Singer **Rita Ora** displayed her tattoo and bikini bod at the T in the Park music fest on July 14 in Kinross, Scotland.

Rocking out

5 **Mick Jagger** opted for an eye-catching blazer for his performance at the British Summer Time Festival on July 13 in Hyde Park in London.

Toons

6 **Jennifer Love Hewitt** showed off her baby bump at the Mickey Through the Decades Collection launch party at the Walt Disney Studio Lot on July 13 in Burbank, Calif. GETTY IMAGES

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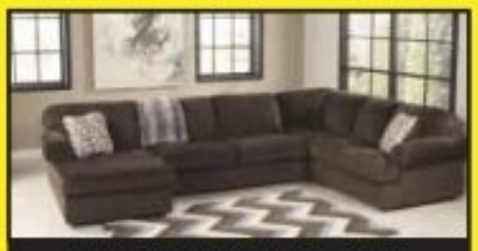

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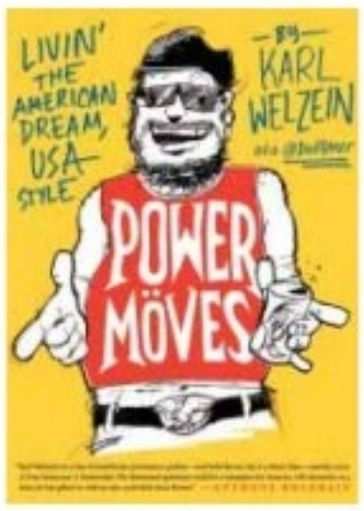
How a Twitter character became a phenomenon

Publishing. Don't follow @DadBoner on Twitter? Don't worry — he's now a legitimate author.



Karl Welzein, aka @DadBoner, loves Maui Jim's sunglasses, Guy Fieri and heading out to "Cold One City." "Really lookin' forward to the weekend, you guys," he tweets weekly. The Grand Blanc, Mich., native (and his hapless hijinks) are so beloved on Twitter, he's garnered close to 150,000 followers. Mike Burns, the recently outed comedian behind the feed and author of the new book "Power Moves," explains to us how "there's a little bit of Karl Welzein in all of us."

@DadBoner is one of the most popular Twitter personalities. Did you ever expect this success?
I absolutely did not. But it's so much fun how people love Karl Welzein as much, if not more, than I do.

How did the name @DadBoner come about? Karl Welzein?
The character was constantly talking about things that give dads "boners." Like a new Calloway driver, or getting two appetizers at Applebee's, or some new Wrangler jeans just like Brett Favre advertises. Also, the word "dadboner" is hilarious, and I'm childish. "Karl" and "Welzein" are the first and last names of my two best friends from Michigan.

Why would someone buy "Power Moves" and not just read your Twitter?
The book is written in long-form — the way it was intended to be — as Karl Welzein's journal. I thought it was hilarious to have a fake person who only lived on the Internet get a real book published under his name, and now, you can physically hold it in real life. It's so surreal to me. That fake guy you laughed at for three years is now a published author. It gives a whole other level to the story, having him deal with his own fake reality. It makes my brain hurt, in a good way.

DOROTHY ROBINSON
dorothy.robinson@metro.us

Top @DadBoner tweets

- Told work I gotta split for a business appointment. 'Cause drinkin' cold ones is my business, and business is good ...
- My workout routine: 1. Look at a pic of Stone Cold Steve Austin. 2. Do 'shups 'til you look like the Rattlesnake. 3. Cut off your sleeves.
- If you think it's "uncool" to love America, why don't you go see how "cool" it is to live in a country that doesn't have toilets or pizza.
- When you call the Suicide Hotline, they should just say, "Slow down, corncob. Have you tried Chili's? What's your problem?"
- Change in your pocket, domesto cans on ice, your team on top, arms on swoll, a jam on the radio, and babes in the night. The American Dream.

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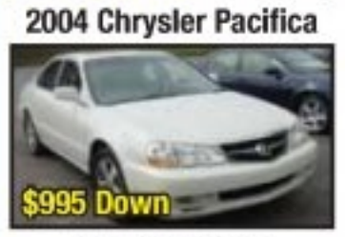
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Real grown-ups saw 'Grown Ups' sequel

Box office. Adam Sandler beat robots fighting aliens, but, luckily, minions beat even him.

Here's a hilarious scene from "Grown Ups 2" involving a lawn mower. / Tracy Bennett

The mighty minions of "Despicable Me 2" beat human comedy star Adam Sandler's new "Grown Ups 2" at the U.S. and Canadian movie box office this weekend.

The animated film featuring the crowd-pleasing yellow minions collected $44.8 million from Friday through Sunday, edging out Sandler's comedy sequel, which racked up $42.5 million in ticket sales, which was in line with industry projections.

Big-budget thriller "Pacific Rim," an apocalyptic battle that pits towering monsters against giant, human-piloted robots, settled for a third-place finish at $38.3 million, which was at the low end of industry projections for the film.

Sandler's "Grown Ups" sequel reunites the comedian with pals Kevin James, Chris Rock and David Spade in a follow-up to the 2010 original, and adds a younger generation of characters, including "Twilight" actor Taylor Lautner. This time, Sandler's character, Lenny, moves back to his hometown.

Critics bashed the movie, with only 7 percent recommending the film among reviews on the Rotten Tomatoes website. But Sandler fans turned out, and audiences gave the film a "B" rating in polling by survey firm CinemaScore.

"Despicable Me 2," featuring the voice of Steve Carell, made another powerhouse showing in its second weekend at North American (U.S. and Canadian) theaters, bringing its worldwide total to $472 million through Sunday.

"Pacific Rim" won over many critics, earning a 73 percent positive rating from critics on Rotten Tomatoes. It received a strong "A-" grade on CinemaScore.

Rounding out the chart's top five, the Sandra Bullock and Melissa McCarthy comedy "The Heat" rung up sales of $14 million at domestic theaters. Walt Disney Co.'s "The Lone Ranger," starring Johnny Depp, earned $11.1 million. REUTERS

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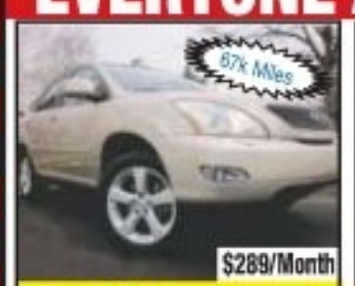

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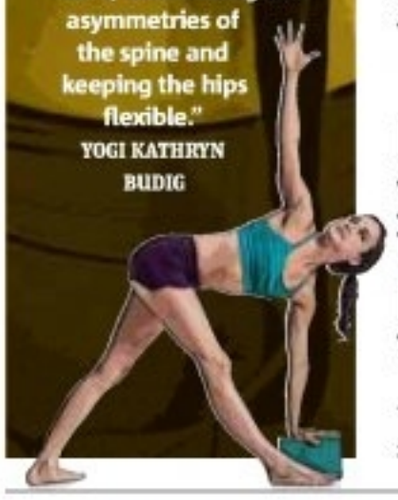

Summer trend. Glide your way through the water with this yoga sequence dedicated to swimmers.

Into looking good at the pool? You'll need more than a hot swimsuit. "If you want to improve your swimming technique and stamina, you're going to need a flexible spine, a strong core and lung capacity," says Sophie Lewis, yoga teacher at London's Triyoga Studio and personal trainer to elite triathletes. "A regular yoga practice will help develop all these things and enable you to move more effectively through any medium, water or air," she adds.

Here's how:

It strengthens your core to push forward more powerfully in the water

"If you just rely on your shoulder or your upper arm strength, you're going to fatigue very quickly," says Lewis. "But if you find your strength from your center, that's a much better platform for stamina, and you'll be able to keep going for long periods of time. Drawing your navel center in and getting the power to push out from your core really helps,"

Get started

Sophie Lewis' handy pre-pool warm-up

"To warm up the shoulder girdle and prepare the body for the swimming action, get into revolved triangle. Then circle the raised arm, reaching forward alongside your face to open the side flank (the fleshy part of the side between the ribs and the hip). Let your arm fall in front of your chest, circling it back to the hip and up to sky."

It winds up deepening and lengthening your breath

"As a swimmer, you want to increase your lung capacity. But once you hit the cold water, the tendency is to panic. Breath becomes shallow and doesn't go all the way down to the belly. Alternate nostril breathing maximizes the flow of breath through both nostrils equally. This is good preparation for bilateral breathing (lifting the head alternately right then left out of water to breathe) and a vital warm up for the lungs," explains Lewis.

It will help you glide effortlessly through the water

According to Lewis, a swimmer should have a flexible thoracic spine — the upper region above the waist to the shoulders. "Once you start free styling or front crawling, that's the part of your body that's going to rotate. Yoga helps you become aware where your stiffness is, and where your balance is and as a result, you develop much better body coordination," she adds. Puppy Dog is a good option here as it opens up the triceps, shoulders and latissimus dorsi.

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Transferring up (way up)

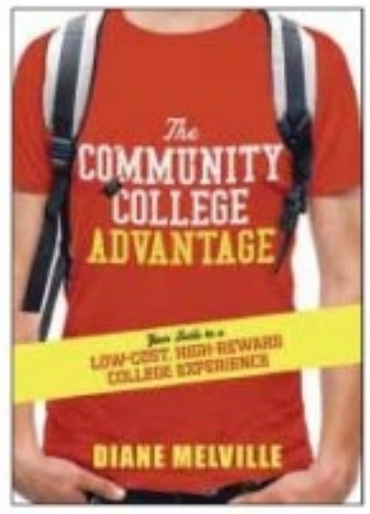
Author Diane Melville / PROVIDED

Start small. Author Diane Melville says community college can be the first step on the road to the Ivy League.

In her junior year of high school, Diane Melville met with a recruiter from the honors program of Miami Dade College — a community college —who told her she could transfer to Harvard or Cornell if she buckled down.

"It just sounded like a scam. I thought this person was a telemarketer or something," says Melville. "But I took a look at the materials and decided to give it a go, because I wasn't gung-ho about my other options."

To the dismay of her parents, Melville turned down a modest financial aid package from the University of Miami and enrolled in the two-year program at Miami Dade. Now 26, Melville owns her own consulting company in Austin, Texas; she was the first in her family to graduate from college — attending Tulane University and Babson College after turning down offers from Cornell and Harvard.



Her first book, "The Community College Advantage: Your Guide to a Low-Cost, High-Reward College Experience," is a step-by-step guide to setting your sights high and streamlining the transfer process.

"When I was looking at schools, I just wasn't getting the financial aid I thought I would get. [Colleges] were asking me to pay upwards of $24,000 a year. I had worked so hard to get scholarships, so I really didn't want to go into that much debt," she explains. "When I went to a community college, it was disappointing to my mother, my peers, my counselors — everybody really. No one could understand why I made this decision. But now they sure do. In the current financial environment, it's definitely becoming a more accepted route."

Quoted

"Research the hell out of them! You want to know everything humanly possible about those schools, because you don't want to spend two years completing courses that they don't accept."

Melville, on how to use research in the leap from community college to a big-league education

BRUCE WALSH
bruce.walsh@metro.us

Ch-ch-changes

Low cost, high reward

"You have to notice that community college admissions and their enrollment has changed drastically over the years," Melville says. "Before it meant that students didn't quite know what they wanted to do in high school. Now, it's really becoming that they're really bright students who just can't afford a four-year institution."

But just because you can't afford a four-year university doesn't mean you aren't receiving the education that you need. According to Melville, it is often the case that professors who teach at really high-caliber institutions are also teaching as adjuncts at community colleges.

Core strength

Team of transfers

Beginning a college career at community college allows students to take general education prerequisites and pay a very minimal cost for them, Melville says. Students can dive right into the core classes that are key to their major once they transfer to an institution, while also meeting other transfer students.

"A lot of schools will have transfer programs where you get grouped with other transfer students," Melville says, "and that's great because you meet people from all walks of life, and it introduces you to the university with a close group of friends and peers, and that's always great."

According to Melville, the cost benefit and the ability to have a second chance at a school that "makes you proud, makes your family proud and will really launch you academically and professionally" is just too big of an opportunity to overlook.

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College cost

Student loan debate continues to drag on in Washington

"Students and families can't afford a hike in college costs, but that's exactly what they'll face this fall if the partisan back-and-forth continues," says Anne Johnson, director of Campus Progress. / CREATAS RF

Last week, the U.S. Senate blocked a bill that offered a temporary fix for American students facing a steep increase in loan interest rates.

Senators voted 51 to 49 in favor of moving forward with the bill. But it didn't meet the 60-vote minimum threshold to move on to the floor. The bill would have frozen interest rates on federal Stafford loans for undergraduate students at 3.4 percent for a year while lawmakers work on a long-term solution.

Interest rates on federal Stafford loans doubled to 6.8 percent when lawmakers failed to meet a July 1 deadline to prevent the automatic increase. Republicans and Democrats agree that student loan interest rates should be kept low, but they disagree on how to do that.

Democrats wanted to extend the low rate for another year while working on a long-term solution, but they did not win enough Republican support in the Senate for the bill to be considered.

Colleges start opening for the new school year next month, and students who take out new loans originated after June 30 could end up paying up to $4,000 more on their loans by the time they complete their degrees.

The bill would have ensured that future federal student loans would carry a fixed 3.4 percent rate and would prevent students who took out loans since July 1 from paying the higher rate.

"Today's failure to reach a deal on student loan rates is a disappointment," said Anne Johnson, director of Campus Progress at the Center for American Progress. The group has been leading students to Washington to press lawmakers to keep interest rates from escalating. More than 7 million students will be affected by the rate increase. REUTERS

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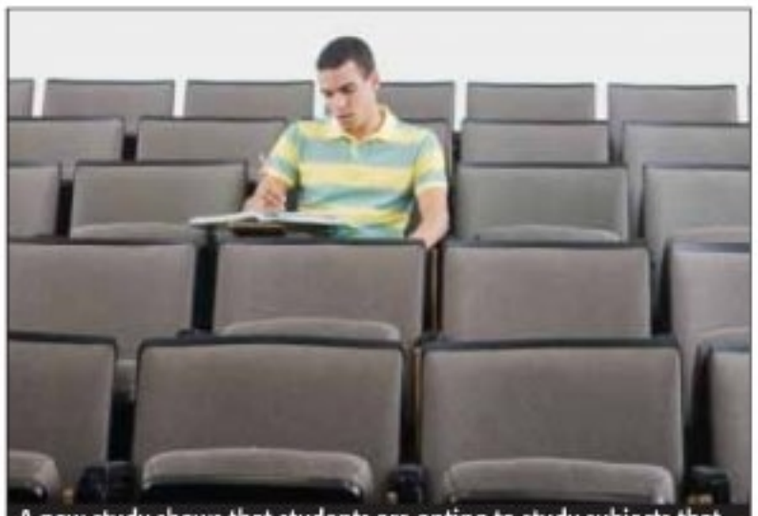
A weak pulse in the 'heart' of college

Education EKG. A recent study suggests that students are drifting away from the humanities.



A new study shows that students are opting to study subjects that may have better job prospects. / FUSE IMAGES

The term "humanities" covers a broad spectrum of topics — from literature to music and philosophy — and that's sort of the point. Humanities is an inclusive idea that refers to many fields of study and is revered for providing a broad spectrum of learning to students. A recent report from the American Academy of Arts and Sciences titled "The Heart of the Matter" says that students are opting out of pursuing the humanities in college. As college tuitions go up and students look at a tough job market, the study suggests they are taking classes with a firmer guarantee of jobs after graduation.

"The Heart of the Matter" attempts to further the conversation about the importance of humanities. The report "calls on parents, teachers, scholars, the media and the public at-large to join a cohesive and constructive national discussion of these issues." We spoke with several academics in an attempt to do just that.

Quoted

"I am confident that those who have a feeling for the humanities will find a way to continue to appreciate them. These fields are not on the verge of going extinct."

Brint, on an American Academy of Arts and Sciences report that suggests the humanities are fading at the university level

Steven G. Brint, vice provost for undergraduate education and professor of sociology at the University of California, Riverside, has been watching academic disciplines rise and fall for years. "The fields that students study in colleges and universities are far from stable over time. Instead, new fields come into being and some fall into obscurity," says Brint. Though some may put the humanities into the "obscurity" category, Brint sees hope. "I am confident that those who have a feeling for the humanities will find a way to continue to appreciate them. These fields are not on the verge of going extinct," he says.

Dr. Jana Mohr Lone is the director at University of Washington's Northwest Center for Philosophy for Children. The program she introduces philosophy to K-12 students. "Engaging in philosophical exploration encourages children to think abstractly and deeply about themselves and their experiences, and helps them develop confidence in their own ideas and questions, as well as strong critical and creative thinking skills," she says.

Lone also has hope for the humanities. "I believe that if we can tap into the natural interest children have in exploring some of the central questions at the heart of the humanities, children will grow up with an enduring passion for ideas and a commitment to furthering their imaginative thinking about these questions."

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DANSCHAWBEL.COM
Dan Schawbel the founder of Millennial Branding and the author of Promote Yourself: The New Rules For Career Success (St. Martin's Press).

DON'T BE A SUMMER SLOUCH

Summer is a great time to search for a job because most people are distracted by the weather and vacations. Instead of putting off your job search, put it into overdrive. For students, this is the best time to find an internship because there are more formal programs during summers than any other season. For professionals, this is the best time to stand out in the job pool because there are fewer résumés going out. Here are a few summer job-search tips:

Freelance

One of the best paths to employment is freelancing. If you are a graphic designer or programmer, for example, you can find freelance opportunities where you can leverage your skills to make money and create case studies of your work that can be used to prove your value to employers. I recommend using odesk.com and indeed.com to find freelance opportunities.

Advice

Tap into your college alumni database

Whether you're a student or graduate, you should reach out to your career services office and ask for introductions to your college alumni. Alumni are always interested in hearing from students and other alumni and like to hire or refer those who have similar education backgrounds.

Connect on social networks

Start following professionals who are employed at companies you want to work at and share the same profession. On Twitter, for instance, you should retweet them, pose questions to them and join in on their discussions. They will start to recognize your name and face, and that connection can help you get in the door.

Attend events

Instead of kicking back on the beach, use summer as an excuse to attend events where you can meet potential employers. Arrive with a business card, a positive attitude and a clear idea of the job you want. Use websites like eventbrite.com, allconference.com and meetup.com to find events that reflect your professional interests and hobbies.

Reach out

Use the network you already have

Most people fail to see the network that's right in front of them. Use your family, friends and anyone you've met in the past to uncover job leads. It's far easier to use your current network than to build one from scratch.

If you trade in the beach and buckle down on your career during the summer, the results can surprise you. / GETTY IMAGES/VSTOCK RF

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Horoscope

♋ Cancer | June 21-July 22. Just because you're anxious to wrap up an important matter, don't be rash about it. Positive results should take precedence over speed.

♌ Leo | July 23-Aug. 22. When it comes to a business matter, don't tip your hand prematurely. Don't play your aces until you're sure you can win.

♍ Virgo | Aug. 23-Sept. 22. Take a breather from your workday concerns and enjoy some of the wonderful things life has to offer.

♎ Libra | Sept. 23-Oct. 22. One of the quickest ways to wear out your welcome is to be dictatorial. You must be pleasant at all times.

♏ Scorpio | Oct. 23-Nov. 21. Your drive for accomplishment could cause you to manipulate friends. Strive to keep a sense of perspective about what counts in life.

♐ Sagittarius | Nov. 22-Dec. 21. Overly aggressive people could quickly turn you off. Avoid confrontation by responding in a strong manner.

♑ Capricorn | Dec. 22-Jan 20. Don't respond too harshly in a public disagreement between you and your mate. You could end up very embarrassed.

♒ Aquarius | Jan. 21-Feb 18. Although you might take the time to carefully analyze a situation, you could still make a bad judgment owing to a preconceived notion.

♓ Pisces | Feb. 19-March 20. Think twice before getting involved in a problem that a friend has brought on him- or herself.

♈ Aries | March 21-April 20. Even if you aren't the one who starts an argument with a friend, do what you can to make amends.

♉ Taurus | April 21-May 21. A friend might be willing to help you out, but don't press your luck by demanding it.

♊ Gemini | May 22-June 20. Get out, look around and do a lot of comparison shopping before making a major purchase. If you don't, you'll regret your haste. **BERNICE BEDE OSOL**

Sudoku: Easy and hard

		7		6				
				8		4	7	2
2	3	1		5	4			
3								8
		6	9	2	8	5		
9								7
			3	1		9	5	4
5	2	9		4				
				9		2		

				2			6	1
		2	9		6			3
6			1					
	6	5	7	1			2	
1								4
	7			4	9	6	1	
					5			8
3			2		7	1		
5	9			3				

How to play
Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Letters

Justice was served

In regard to the Zimmerman verdict, my heartfelt prayers go out to the parents of Trayvon Martin and George Zimmerman and his family, for there is no true winner. One is dead and the other will be in fear for his life. The question in this case for many: Was the verdict a travesty or was justice served? The bottom line was that six women labored for 16 hours over Zimmerman's guilt as presented by the prosecution and found reasonable doubt. Justice was served under the rules of our justice system. Now, it is the time for healing all across America.
FREDERICK R. BEDELL JR., VIA EMAIL

Divest from fossil fuels

"Divest," said President Obama in his recent address on climate change. Divest from what? From investments in companies producing fossil fuel. To prevent runaway climate catastrophe, these companies must keep most of their vast reserves in the ground, which won't happen without tremendous pressure. Divestment from oil, coal, etc. can succeed once it gains enough momentum. Our future depends on turning the fossil fuel industry around.
PAUL EMILE ANDERS, VIA EMAIL

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Crossword

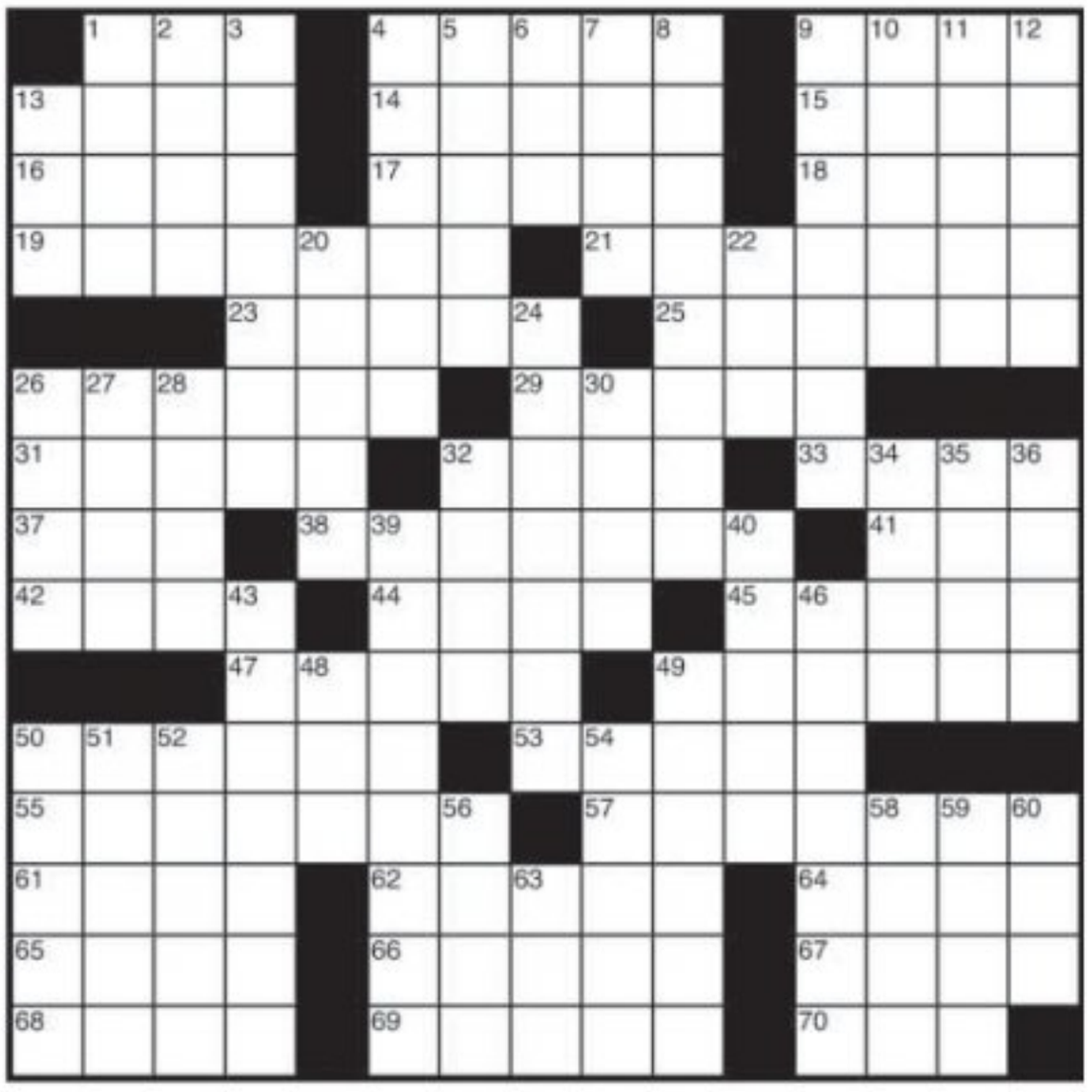
Across

1 Skip stones
4 Like a good cake
9 Paddy crop
13 Comic-strip possum
14 Agave
15 German river
16 — out (go kaput)
17 Red meat
18 Burrito morsel
19 Quicker
21 Software version
23 Boneless fish
25 Corral occupants
26 Nape
29 Perch
31 Skirt cut (hyph.)
32 Evil
33 Twisted
37 Embroider, maybe
38 Represses
41 Shout of surprise
42 Tenderhearted
44 Not certain
45 Vocally
47 Pie-chart lines
49 Swamp vapor
50 Ancient scrolls
53 Chum
55 Festooned
57 1920s style (2 wds.)
61 In — (as found)
62 Handle (2 wds.)
64 Tony's relative
65 Animated character
66 Whims
67 Vacuum attachment
68 Questions
69 Ordinary language
70 PBS "Science Guy"

Down

1 Type of prize
2 Hindu fire god
3 Tease (2 wds.)
4 Yours truly
5 Unconventional
6 Motel amenity
7 Deface
8 Type of pay (hyph.)
9 Flack or Peters
10 Think-tank output
11 — and desist
12 Marine birds
13 EPA concern
20 Colonial flutes
22 — Gatos, Calif.
24 Rush-hour problem
26 Polio vaccine inventor
27 152, to Plotinus
28 Nothing, in Nice
30 Air France hub
32 Platter player (hyph.)
34 Romances
35 Baba au —
36 Jedi knight trainer
39 Cleans cursorily (2 wds.)
40 New Orleans gridder
43 Walk-throughs (2 wds.)
46 Establish, as rules (2 wds.)
48 Prince Valiant's eldest
49 Gloomy
50 Ristorante fare
51 Parting word
52 Author Chaim —
54 Has status
56 Earl — Biggers
58 Auction site
59 Film
60 U.K. lexicon
63 Psyche component

Weekend's answer



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3 SPORTS

Watch online

Find video and recap from yesterday's Phillies-White Sox game: www.Metro.us/sports.

Trade winds blowing stronger than ever

MLB. Phils take two of three from Chicago, leading to more questions as July 31 trade deadline nears.

When the Nationals were jogging off after batting practice last week, Gio Gonzalez couldn't help but ask a question.

"Who are the Phillies going to trade?" Gonzalez asked Metro. "Are they going to trade Cliff Lee?"

Gonzalez is concerned about the Phillies. He hopes they deal Lee and closer Jonathan Papelbon. The Phillies are right behind the Nationals in third place in a weak NL East after yesterday's 4-3 win over Chicago.

"I wouldn't write the Phillies off," Jayson Werth said. "They're a tough team. They've had a lot of injuries to deal with and they're still in it."

The Phillies' hottest hitter, Ben Revere, broke his foot Saturday. Ryan Howard is on the shelf after a torn meniscus. Roy Halladay pitched hurt and is recovering from shoulder surgery. That's on top of missing Carlos Ruiz and Chase Utley for many games.

"They've been through a lot," Gonzalez said. "So I wonder what the Phillies will do in terms of trades. It's going to be very interesting."

ED CONDRAN
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John Mayberry delivered a walk-off RBI single to win it yesterday. / GETTY IMAGES

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Cream rises to top at Girard College

Basketball. Area hopefuls flashed their skills in Red Bull Midnight Run, hoping for shot at the NBA.

Some of the area's finest basketball players showcased their skills on the hardwood Saturday at the "Red Bull Midnight Run," hoping to represent Philadelphia in the 2nd annual Red Bull Basketball Tournament to decide which city in America breeds the finest basketball players.

It's all part of Red Bull and Dime Magazine's goal of organizing nine teams consisting of eight players from cities like Philadelphia, Chicago, Washington, New York, Los Angeles, Indianapolis, Houston, Atlanta and New Orleans.

Philly's finest were on display.

STEVEN COUNTS, RED BULL CONTENT

"We are pretty much hitting the major cities," said Dime marketing manager Brandon Smith. "It's all about the experience and telling a story. We try to be different from the Nike tournaments that give money. Everybody can do a money tournament."

One Philly street-ball legend who made an appearance was former West Virginia star Jarrett Kearse. The 6-foot-5 guard played two seasons for the Mountaineers and was a member of the 1998 Sweet 16 squad.

"I'm looking to provide some veteran leadership and have a good time, and get some wins for the city of Philadelphia," Kearse said. "I had a couple of [NBA] tryouts. I tried out for the Atlanta Hawks, Toronto Raptors and I worked out for the Chicago Bulls when I came out of [college]. It just didn't work out, but I was very close."

Several players stated they like Philly's chances in the tourney's championship game at the Barclays Center in Brooklyn, but none exhibited the confidence like 31-year-old West Philadelphia native — and Overbrook High alum — David "Buhzz" Taylor Sr.

"No, I think we can get down with any city, because Philly has ballers [basketball players] as well," Taylor said. "I love our chances of winning. I actually think we can take the whole thing home with no losses, to be honest with you."

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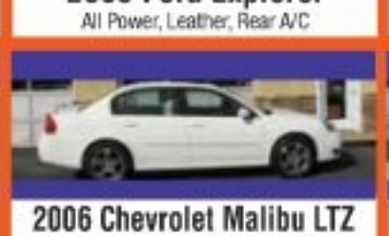
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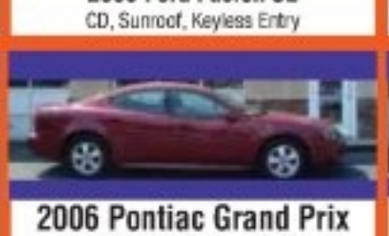
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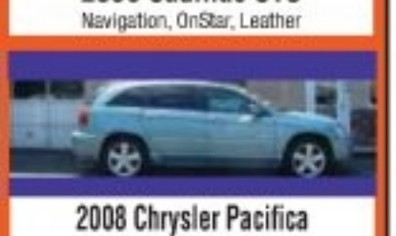
All Power, CD, Interior Air Filtration


2008 Chrysler Pacifica
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Navigation, MP3, Loaded

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Andy Roddick satisfied with his legacy

Tennis. Former world No. 1 player satisfied with career despite lofty expectations and no Wimbledon.

Andy Roddick has no regrets. Even watching Wimbledon the last few weeks, where Andy Murray finally claimed that elusive crown Roddick never could quite grasp, he never second-guessed himself. And while some may say he underachieved by winning just one major — the 2003 U.S. Open — Roddick prefers looking at the big picture.

Playing for the Springfield (Mo.) Lasers in World TeamTennis prior to last Thursday's match with Billie Jean King's Philadelphia Freedoms at Villanova, Roddick dissected his career.

"Looking back, if you tell someone they'll win a Slam, Davis Cup, a bunch of other titles [32 to be exact] and be ranked No. 1, if anyone says that's disappointing, that's a pretty big compliment to what they think your potential was," he said. "I'm satisfied when I went to sleep at night. I felt I got the most out of the day."

Roddick was in town.
GETTY IMAGES

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Notice to hereby given that the undersigned will sell to satisfy the lien of the landlord, at public sale, by competitive bidding on **7/25/13 at 2PM** at the Safeguard Self Storage facility located at **6371 Keystone Street, Philadelphia PA 19135.** The personal goods stored in the following space numbers by the following tenant(s):
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1411 Michelle Hughes • 1504 Brian Oglesby • 2117 Noora Bell • 2324 Steven Crawford Jr.
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NOTICE OF PUBLIC SALE OF PERSONAL PROPERTY
Notice to hereby given that the undersigned will sell to satisfy the lien of the landlord, at public sale, by competitive bidding on **July 25, 2013 @ 10am** at the Safeguard Self Storage facility located at 6224 Germantown Ave Phila. PA 19144. The personal goods stored in the following space numbers by the following tenant(s):
safeguard self storage
#0305-Anthony Welsh, #0306-Nadia Jordan, #0421-Gregory Golson, #0425-Sheena Robinson, #0430-Charles Knight, #1119-Jenne Johnson, #1213-Julia Steadman, #2109-Joy Terrell, #2120-Doreen Gaddy, #2209-Gail Hoffman, #2213-Lynn Haith, #2308- Frank Copeland, #2310-Preston Stroman, #2314-Jill Gray-Mt. Airy Bantams Youth Association, #2409-Deborah Sample, #2606-Glen Mays, #2702-Maxine Harris
Purchases must be made with cash only and paid in full at the time of sale. All goods are sold as is and must be removed at the time of purchase. Sale is subject to adjournment. Safeguard Self Storage, Inc.

NOTICE OF PUBLIC SALE OF PERSONAL PROPERTY
Notice is hereby given that the undersigned will sell to satisfy the lien of the landlord, at public sale, by competitive bidding on **7/25/2013 @ 11:00AM** at the Safeguard Self Storage facility located at **1221 N. Broad Street, Philadelphia, PA 19122.** The personal goods stored in the following units by the following tenant(s):
safeguard self storage
0218 Obi Hardin, 0319 David Smith, 0327 Jerome Tony Allen, 0502 Charles Mayfield, 0512 Alvin Matthews, 2512 Markol Evans, 2604 Stanley R. Young, 4202 Kirk R. Woodruff, 4408 Raymond Harris, 4421 Lynette Leonard, A4608 Crystal Lyn Connelly, 0311 Christopher Ricarldo Linsey
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Notice is hereby given that the undersigned will sell to satisfy the lien of the landlord, at public sale, by competitive bidding on **7/25/13 at 12PM** at the Safeguard Self Storage facility located at **830 E. Hunting Park Ave, Philadelphia, PA 19124.** The personal goods stored in the following units by the following tenant(s):
safeguard self storage
#2129 Vivian Torres • #3336 Zemia Nelson • #2304 Michael Patterson • #2424 Linda Ponce
#2416 Richard Scollon • #2127 Michelle Soto • #2428 Edward Walker
Purchases must be made with cash only and paid in full at the time of sale. All goods are sold as is and must be removed at the time of purchase. Sale is subject to adjournment. Safeguard Self Storage, Inc.

NOTICE OF PUBLIC SALE OF PERSONAL PROPERTY
Notice to hereby given that the undersigned will sell to satisfy the lien of the landlord, at public sale, by competitive bidding on **July 25, 2013 @ 3PM** at the Safeguard Self Storage facility located at 1333 Rhawn Street Phila. PA 19111. The personal goods stored in the following space numbers by the following tenant(s):
safeguard self storage
#1311-Rosamarie Hillman, #3112-Criston Littlejohn, #2612-Casey Palumbo, #2630-Tyree Cone, #1117-Junior Shaw, #2619-Karl Klein, #0119-Chris Colter, #3129-Michelle Barno.
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Notice to hereby given that the undersigned will sell to satisfy the lien of the landlord, at public sale, by competitive bidding on **July 25, 2013 @ 9:00AM** at the Safeguard Self Storage facility located at 1499 66TH Avenue Phila, PA 19126. The personal goods stored in the following space numbers by the following tenant(s):
safeguard self storage
1240 Jonathan Bennett, # 1505 Oleg Mckune, # 2113 Paulette Hunt, # 2116 Sierra Patterson, # 2126 Anthony Woods, # 2212 Sean David, # 2304 Patricia Kennedy, # 2340 Eschelle Jackson, # 2718 Bridgette Solelo, # 3000 Walker Ferguson, # 3302 Benjamin Davis, # 3307 Kenneth Curry, #3342 Nadira Paramore, #3514 Jolanda Wilson, #3612 Joy Harrison, # 3614 Amber Brockington
Purchases must be made with cash only and paid in full at the time of sale. All goods are sold as is and must be removed at the time of purchase. Sale is subject to adjournment. Safeguard Self Storage, Inc.

NOTICE OF PUBLIC SALE OF PERSONAL PROPERTY
Notice is hereby given that undersigned will sell to satisfy the lien of the landlord, at public sale, by competitive bidding on **7/25/2013 at 1PM** at the Safeguard Self Storage facility located at **3300 Frankford Ave, Philadelphia, PA 19134.** The personal goods stored in the following units by the following tenant(s):
safeguard self storage
1103 L.W. Nelson, 1103 People In Progress, 1103 Leslie Wright Nelson, 1112 Nikia Rouse, 1209 Anna Maria Nieves, 1214 Julia M Grantano, 1306 Alexander Santiago, 1313 Lasharsha Bradley, 2313 Billy Joe Tillman, 2323 Vivian Aldebrooks, 2416 Kimberly Ann Hajnowski, 2423 Qianta Smith, 2430 Billy J Tillman, 2701 Leroy Smith, 2715 Tunisa Mercer-Bey, 3317 Lorne Nieniec Sr, 3429 Wydea Nichole McIntyre, 3501 Brenda Carter, 3619 Isamal De La Cruz
Purchases must be made with cash only and paid in full at the time of sale. All goods are sold as is and must be removed at the time of purchase. Sale is subject to adjournment. Safeguard Self Storage, Inc.

Mickelson is ready for next week's British Open. / GETTY IMAGES

Golf. Lefty Mickelson takes Scottish Open

Phil Mickelson added the Scottish Open to his long list of achievements.

The golfer won on the first playoff hole yesterday at Castle Stuart after tapping in a birdie putt. Mickelson, who was using the tournament as a tune-up for next week's British Open, beat Branden Grace. It marked his first win on European soil since 1993.

Mickelson finished 3-under 69 in the final round and 17-under 271 for the tournament. He is expected to be No. 5 in the world Thursday, when new golf rankings are announced.

"Although I did a lot of things well, I have certainly things to work on," Mickelson told The Associated Press. "Today was great for us to have this type of weather."

The British Open begins this week at Muirfield in Scotland. First round is set for Thursday. METRO

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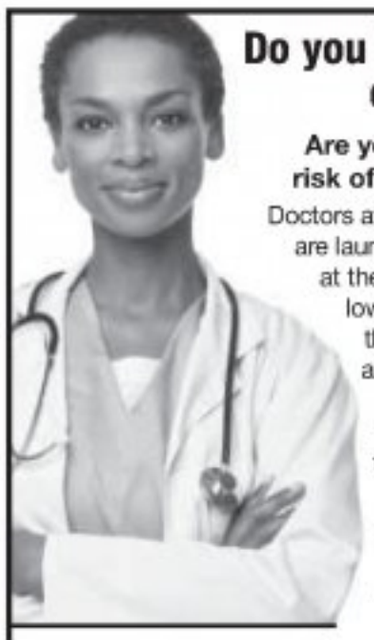
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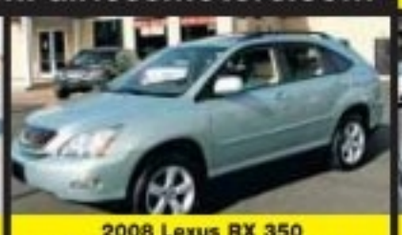
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Name Change Court of Common Pleas for the County of Philadelphia, June term, 2013 , No.3183.

Notice is hereby given that on July 2, 2013, the petition of : Margaret Anne Butt was filed, praying for a decree to change name to Clare Marie Butt.

The Court has fixed court-date, July 19, 2013 at 10 A.M., in Room No.691, City Hall, Philadelphia, PA for hearing. All persons interested may appear and show cause if any they have, why the prayer of the said petition should not be granted.

Solicitor: Margaret Anne Butt

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